

**Action Plan: PE (2020-2021)**

- Overall Target: To ensure progress and enjoyment within the subject for all children. Implement a whole school approach to being physically active and mental well-being.

Current Situation/Critical Analysis	Supporting Evidence	Required Changes (particularly teaching and learning)
<ul style="list-style-type: none"> <li>• PE is currently delivered by class teachers and HLTA with the exception of gymnastics which is delivered by SRBC coaches.</li> <li>• Yoga has been delivered to years 4/5 and 6.</li> <li>• Coaches deliver extra-curricular activities</li> <li>• Most children are actively taking part in PE lessons</li> <li>• A number of children are actively taking part in extracurricular sporting activities.</li> <li>• Clear progression of skills following Lancs scheme</li> </ul>	<ul style="list-style-type: none"> <li>• Staff questionnaires</li> <li>• Teacher's plans</li> <li>• Pupil interviews</li> </ul>	<ul style="list-style-type: none"> <li>• CPD for teachers – teachers to have training based on review of audit</li> <li>• To develop and promote 'in-class' activities to promote active learning to ensure additional physical activity each day is met.</li> <li>• Continue to attend as many competitions and festivals as possible and monitor this</li> <li>• Ensure children identified as EAL, SEND and PP are taking part in sporting activities.</li> <li>• More frequent monitoring of PE teaching and learning form observation and walk throughs</li> <li>• Increase opportunities of Intra-school sporting events</li> </ul>

Intent	Costs £	Implementation	Impact
<ul style="list-style-type: none"> <li>• <b>Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school</b></li> </ul>			
To showcase the importance and benefits of PE, health and well-being for pupils.	-	<ul style="list-style-type: none"> <li>✓ To create/update the PE/sports board which displays up to date key messages and sources of encouragement around PE, health and well-being for pupils.</li> <li>✓ To create a 'PE council' where a select amount of chosen playground leaders discuss with ideas around PE/healthy lifestyles with the PE lead once a term. – The PE lead is then to consider and embed these ideas where appropriate.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Increased understanding of a healthy active lifestyle</li> <li>✓ Development of mental health and well-being</li> <li>✓ Character values are embedded</li> <li>✓ Children develop leadership skills</li> </ul>
To promote and embed physically active learning.	-	<ul style="list-style-type: none"> <li>✓ Staff to complete active learning course online</li> <li>✓ Staff to embrace a range of programmes to support Active Learning throughout the school.</li> <li>✓ All staff to complete heat map- AB to update on active schools planner</li> <li>✓ Aim to reduce sedentary learning particularly in morning lessons</li> <li>✓ Can we make interventions more physically active to help engage children?</li> </ul>	<ul style="list-style-type: none"> <li>✓ Staff more aware of how to make learning active</li> <li>✓ Improved engagement/behaviour and attention from pupils</li> <li>✓ Increased physical and mental health well-being</li> <li>✓ Positive impact on pupils' academic achievements, their self-esteem and overall fitness.</li> </ul>

To ensure active lunchtime opportunities for all children are embedded.	£300  £150	<ul style="list-style-type: none"> <li>✓ Conduct an audit of lunchtime resources and order new equipment.</li> <li>✓ Playground leaders to target children who are less active</li> <li>✓ A wide and varied range of activities to be on offer</li> <li>✓ Create a timetable/rota of activities</li> <li>✓ Playground leaders to complete change for life playground leader training</li> </ul>	<ul style="list-style-type: none"> <li>✓ Lunchtime resources are accessed by all children</li> <li>✓ Increased levels of engagement from less active children</li> <li>✓ Lunchtimes are active</li> <li>✓ Less incidents of children falling out</li> <li>✓ Positive attitudes towards healthy and active lifestyles are embedded.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement</b></li> </ul>			
Ensure newsletters and school website are updated with current events and information.	-	<ul style="list-style-type: none"> <li>✓ Teachers to upload photos and observations of PE and sport onto school website for children to share at home with their parents.</li> <li>✓ Update newsletters with upcoming sports events or competitions.</li> <li>✓ Upload relevant information on to social media to keep parents up to date about sporting events</li> </ul>	<ul style="list-style-type: none"> <li>✓ The website will provide parents with an insight into what PE their child participates in. It is also a great tool for seeing sport attended outside of school.</li> <li>✓ Parents are informed and other followers about sport in school.</li> <li>✓</li> </ul>
To review physical education scheme of work.	<b>TBC</b>	<ul style="list-style-type: none"> <li>✓ Research schemes available</li> <li>✓ Speak to other co-ordinators</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> </ul>
Ensure there are specific and sufficient resources and high-quality equipment to allow children to access the curriculum at their physical competency level to develop their skills and allowing teachers to deliver effective lessons.	£2000  £700	<ul style="list-style-type: none"> <li>✓ Purchase extra resources and equipment where needed – carry out equipment audit.</li> <li>✓ AB to research cross curricular orienteering pack for school</li> </ul>	<ul style="list-style-type: none"> <li>✓ Children are able to select from a range of equipment that meet their stage of development to perform skills in different activity areas.</li> <li>✓ Standards are being met at the end of each key stage in relation to relevant aspects of PE.</li> <li>✓ Staff more confident to deliver PE sessions knowing that lessons can be resourced.</li> </ul>
To develop outdoor learning, including Forest Schools, in order to enhance the curriculum and promote active learning for all pupils	£800 +VAT  £500  £120 +VAT	<ul style="list-style-type: none"> <li>✓ Staff member to complete Open Awards Level 3 Certificate in Forest School Programme Leadership (QCF)</li> <li>✓ Resource the ongoing development of outdoor learning</li> <li>✓ Staff member to complete outdoor first aid course</li> </ul>	<ul style="list-style-type: none"> <li>✓ Use the outdoor environment to encourage and inspire children to grow in confidence, independence and self-esteem through the mastery of small, achievable tasks</li> </ul>
Ensure effective assessment is in place		<ul style="list-style-type: none"> <li>✓ Staff to complete assessment</li> <li>✓ Encourage more self-assessment and reflection using the PE Umbrella reflective prompts</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> </ul>

Apply for School Games Mark	<b>£300</b>	✓ Keep up to date record of all necessary information needed	✓
<ul style="list-style-type: none"> <li><b>Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport</b></li> </ul>			
<p>To provide PE CPD to all teaching staff, derived from audit to increase staff confidence and ability to lead PE and improve knowledge and understanding.</p> <ul style="list-style-type: none"> <li>✓ Getting to grips with teaching OAA on a school site at KS2 –</li> <li>✓ Teaching high quality dance and gymnastics activities at KS1</li> <li>✓ Teaching high quality dance and gymnastics activities at KS2</li> <li>✓ Getting to grips with Physical Education at KS1</li> <li>✓ Getting to grips with Physical Education at KS1</li> <li>✓ New to teaching the KS1 PE Fundamental Movement Skills Baseline Unit</li> </ul>	<p>Each course <b>£165</b></p> <p><b>£100</b></p>	<ul style="list-style-type: none"> <li>✓ Respond to staff skills audit and monitoring, adapting actions as necessary</li> <li>✓ Staff given time where appropriate to use knowledge from courses to any make resources and feedback relevant information from courses in staff meetings.</li> <li>✓ Monitor quality of teaching and learning in PE in relation to courses attended</li> <li>✓</li> </ul>	<ul style="list-style-type: none"> <li>✓ As a result of the staffs' professional development and monitoring taking place there will be an increase in pupils' knowledge of skills and understanding within PE. There will be an increased % in children meeting age related expectations.</li> <li>✓ Staff confidence and knowledge of planning a series of progressive lessons will increase</li> <li>✓ Pupils will show increased enjoyment and engagement in PE lessons.</li> </ul>
<p>To further develop PE subject leadership to ensure the Physical Education curriculum enables children achieve and improve the quality of teaching and learning.</p>	<p><b>£995</b> <b>£85x3</b></p>	<ul style="list-style-type: none"> <li>✓ Subject leader to attend Level 5 PE Specialist course</li> <li>✓ Subject lead to attend subject leader network meeting in Spring (Summer TBC)</li> </ul>	<ul style="list-style-type: none"> <li>✓ Subject leader will become upskilled and improve the overall delivery of the physical education curriculum within school. The subject leader will be able to assist in raising the standards within primary school physical education teaching and learning.</li> <li>✓ Be informed about current issues around teaching and learning in curriculum PE.</li> </ul>

Join afPE and PSHE Association (School Membership) to ensure access to specialist and expert support, thus keeping the school fully up to date.	<b>£95</b> <b>£125</b>	<ul style="list-style-type: none"> <li>✓ Access membership information on afPE and PSHE Ass. website</li> <li>✓</li> </ul>	<ul style="list-style-type: none"> <li>✓ Due to the wide-ranging expertise within afPE which is readily available to members, all pupils will benefit from knowledgeable and confident staff who will be kept up to date with all developments. The subject leader, the staff and most importantly the pupils can now keep ahead of all developments.</li> </ul>
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• **Key Indicator 4: broader experience of a range of sports and activities offered to all pupils**

To increase the number of active links in order to provide children with a greater variety of sporting opportunities.		<p>AB to create link with Leyland Warriors – invite in for possible taster session/ assembly</p> <ul style="list-style-type: none"> <li>✓ Links to local football clubs??</li> </ul>	<ul style="list-style-type: none"> <li>✓ Raised profile of opportunities available</li> <li>✓ Enables more children to engage with the wider community.</li> </ul>
To continue to offer a wider range of activities both within and outside the curriculum in order to get more pupils involved in physical activity and providing them with a variety of experiences/skills and sporting opportunities.	<b>£2325</b>	<ul style="list-style-type: none"> <li>✓ Buy into SRBC for active school clubs including archery, cricket, tag rugby (dance-reserve list)</li> <li>✓ SR to deliver Yoga to year 4 and 5/6</li> <li>✓ SR to deliver gymnastics within the curriculum</li> <li>✓ Dance from the Heart wk beginning 14/6/21</li> <li>✓ Heart Start – Year 6 23/3/21</li> <li>✓ Scootsafe – Year 3 9/2/21</li> <li>✓ Tots Level 1 and 2 Spring term</li> <li>✓ Bikeability – Year 5/6 24/6/21 - 25/6/21</li> <li>✓ Offer cheerleading?</li> </ul>	<ul style="list-style-type: none"> <li>✓ Increased attendance at after school clubs with some children attending more than one club</li> <li>✓ Pupils able to use a wide range of skills</li> </ul>
Opportunity for at least one personal best challenge for all KS2 pupils.		<ul style="list-style-type: none"> <li>✓ Launch Personal Best Challenge</li> <li>✓ Create template for teachers to use</li> </ul>	<ul style="list-style-type: none"> <li>✓ Improve health and wellbeing and personal skills</li> <li>✓</li> </ul>

• **Key Indicator 5: increased participation in competitive sport**

Inter-School competition calendar through SRSP. Provide a wider range of competitive sporting opportunities for pupils across the school.	<b>£1450</b> <b>£800</b>	<ul style="list-style-type: none"> <li>✓ AB to enter into inter-school competitive competitions and participation festivals across both key stages</li> <li>✓ Transport to competitions</li> </ul>	<ul style="list-style-type: none"> <li>✓ Pupils' have access to a broad range of sporting activities available including the KS2 inclusion events that they may not otherwise experience.</li> <li>✓ Pupils enjoy participating and it enhances their understanding of sports participation and increases the likelihood that they will continue to take part.</li> <li>✓ Pupils' achievements are celebrated</li> </ul>
Encourage more Intra-school Sports competitions	-	<ul style="list-style-type: none"> <li>✓ AB to organise intra-school competitions termly based on previously taught skills.</li> </ul>	<ul style="list-style-type: none"> <li>✓ All pupils in Year 1, 2, 3, 4, 5 &amp; 6 experience competitive competition in addition to PE sessions.</li> </ul>
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Procedures for Monitoring Actions	Procedures for monitoring Impact
Follow monitoring plan	Scrutiny of plans Photographic and video evidence on iPads Pupil interviews

Intended Impact (see overall target)
For children to understand the relevance of of what they are learning in PE and to enjoy a high quality skills based physical education curriculum.