PE Curriculum Map 21 - 22

Year R/1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	FMS - Baseline	Dance	Dance	Dance	FMS	Athletics - Y1
Lesson 2	FMS	Gymnastics 1 - Y1	FMS	FMS	FMS	FMS
Extras	TOTs Level 1 and 2 - May Tuesday 2 nd AM, Monday 15 th AM, Monday 22 nd AM					

Year 1/2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	Piggy in the middle	Dance - Fire, Fire Y1	Gymnastics - Y2	Dance - Explorers Y2	Athletics - Y2	Dance - Seaside Y2
Lesson 2	Net/wall	Gymnastics - Y2	Invasion games - Bounce ball	Invasion games - playground games	Striking/ Fielding	FMS Assessment
Extras						

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Lesson 1	OAA - Teamwork and Problem Solving	Gymnastics 1	Gymnastics 2	Net/Wall - Core task 1	Invasion games - Handball	Athletics	
Lesson 2	Tag and Target	Dance	Dance	Netball – Invasion games	Striking/ Fielding - rounders	Boccia	
Extras	Scootsafe - N	Scootsafe - May 2 nd Tuesday PM					

Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	OAA - Trust and Trails	Gymnastics 1	Gymnastics 2	Net/ Wall core task 2	Invasion games - Rugby	Athletics
Lesson 2	Dodgeball	Dance	Dance	Invasion games - Basketball	Striking/ Fielding - Cricket	Boccia
Extras	Yoga and Mindfulness for Wellbeing Spring 2 Start Feb 23 rd Thursday PM (5 weeks)					

Year 5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	Invasion - Rugby 1	Dance	Gymnastics – Activities 1	Invasion - Hockey	Net/wall - Tennis	Athletics
Lesson 2	Swimming - ongoing throughout the year					

OAA - built in through Forest School and teambuilding

Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	OAA - Teambuilding	Gymnastics 1	Dance	Gymnastics 2	Striking/ Fielding - Rounders	Athletics
Lesson 2	Invasion - Netball	Dance	Invasion - Rugby 2	Net/ Wall - Badminton	Dance	Striking/ Fielding - Cricket
Extras	Bikeability - M	arch 27 th / 28 th 9	9am-3pm	•		,