

## St Aidan's C.E. Primary School PRSHE LTP 2022-23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R/1 Busy Bees	What is the	Who is special	What helps us	What can we	Who helps to	How can we
	same and	to us?	stay healthy?	do with	keep us safe?	look after each
	different about			money?		other and the
	us?					world?
1/2 Caterpillars	What makes a	What is	What jobs do	What helps us	What helps us	How do we
	good friend?	bullying?	people do?	to stay safe?	grow and stay	recognise our
					healthy?	feelings?
3 Butterflies	How can we be	What keeps us	What are	What makes a	Why should we	Why should we
	a good friend?	safe?	families like?	community?	eat well and	keep active and
					look after our	sleep well?
					teeth?	
4 Ladybirds	What	How do we	How can we	How will we	How can our	How can we
	strengths, skills	treat each	manage our	grow and	choices make a	manage risk in
	and interests	other with	feelings?	change?	difference to	different
	do we have?	respect?			others and the	places?
					environment?	
5 Fireflies	What makes up	What decisions	How can we	How can	How can drugs	What jobs
	a person's	can people	help in an	friends	common to	would we like?
	identity?	make with	accident or	communicate	everyday life	
		money?	emergency?	safely?	affect health?	
6 Scorpions	How can we keep healthy as we		How can the media influence		What will change as we become	
grow?			people?		more independent?	



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	How do friendships change as we
	grow?