



Resources: Teachers folder; PRSHE 2020, 2021, First Aid KS2; KS2 St Johns Lesson Plans	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Butterflies 'What keeps us safe?'		Emergencies and Calling for help, Asthma, Burns and Scalds				
Ladybirds 'How can we manage risk in different places?'						Emergencies and Calling for help, Burns and scalds Basic life support - (recovery position, NOT CPR)
Fireflies 'How can we help in an accident or emergency?'  'How can drugs common to everyday life affect health?'	'Swimming Survival' (C.C PE)		Emergencies and Calling for help, Cuts and Bleeding, Asthma, Head injuries		Allergies, Choking Basic life support – recovery position and introduction to CPR	
Scorpions  'How can we keep healthy as we grow?'	Emergencies and Calling for help		Burns and scalds Allergies			Basic life support and CPR